

We will be learning about...

In the Autumn term, we will look at our year ahead and think about what we would like to achieve. We will also explore British values and the UN Rights of a Child and think about why they are important to our society.



PSHE - Year 5 Being Me


new wave
federation

To prepare for this you could talk about...

What goals you would like to achieve in the year ahead and how you could achieve them.

We will be studying...

- *How to stay calm in difficult situations*
- *The challenges we might face this year and how we can overcome them.*
- *What our rights and responsibilities are as a British citizen.*
- *How our actions can affect others around us.*

You could read...

- **We Are Britain!** By Benjamin Zephaniah and Prodeepta Das
- **The Accidental Prime Minister** by Tom McLaughlin
- **My Little Book of Big Freedoms** by Chris Riddell and Amnesty International

Online Resources



Oak Academy



BBC Teach

You could...

Research what life is like for a child in another country of your choice. What are the similarities and what are the differences?

Can you find out the meaning of the words below and write a short paragraph about why each one is important?

- *rights*
- *responsibilities*
- *society*
- *democracy*
- *rule of law*
- *respect*
- *liberty*
- *equality*

Keep a daily diary covering some of the following themes:

- *Goals for each day*
- *Dreams for the future*
- *Things you're thankful for*
- *Things you're worried about*
- *Things that make you happy*

Draw yourself and your goals for the year ahead. Is there anything that you think might be challenging? How might you overcome these challenges?

Challenge: What advice would you give to someone who was worried about finding the next year at school difficult?