



Allergen Matrix

Grazebrook Spring/Summer 2024 Week Three



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Jerk Chicken Thighs														
Macaroni Cheese					✓ Wheat		✓		✓					
Chicken Hot Dog Roll			?		✓ Wheat		?		✓				✓	?
Freshly Cut Fruit														
Jacket Potato			✓	✓			✓							
Jacket Potato (No Tuna)			✓				✓		✓					✓
Mexican Chicken Fajitas	✓				✓ Wheat		✓							✓
Mexican Quorn Fajitas	✓		✓		✓ Wheat		✓							✓
Mixed Bean Jamaican Patties	✓				✓ Wheat									✓
Pizza Whirls					✓ Wheat		✓							
R/S Chocolate Brownie			✓		✓ Wheat									
R/S Mixed Fruit Cookies					✓ Wheat		✓							✓
R/S Shortbread					✓ Wheat									
Red Pepper Frittata			✓											
Tuna & Salmon Pasta Bake				✓	✓ Wheat		✓							
Uptake														
Vegetarian Hot Dog Roll			?		✓ Wheat		✓		✓					?
Yeo Valley Organic Yoghurt							✓							

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⚠ May contain ✓ Does contain

*Allergens in brackets are a May Contain.