



**Grazebrook Primary School**  
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 Executive Headteacher: Ms Nicole Reid  
 Headteacher: Ms Jess Hutchison

Thursday 5<sup>th</sup> September 2019

Hello Year 5 Families,

**A Passion for Pedalling**



We are delighted to let you know that **Cycle Confident** will be back with us to lead a 5 day National Standard, on road cycle training course here at Grazebrook. The aim of the course is to give children the skills and knowledge to use their bike safely and effectively on quiet roads. The children are taught in small groups and will be under the direct supervision of 2 experienced instructors at all times. Over the week, after taking part in fun games and exercises in the playground and demonstrating their competence, they will be taken onto quiet local roads to be introduced to the basic rules of the Highway Code.



The course will take place during the school day for 2 hours each day over the week commencing **Monday 16<sup>th</sup> September** and is aimed at children **who can already balance and ride a bike on their own.**

There are also some short sessions included for complete beginners so do let us know on the slip below. The children on the course will be expected to bring their bike each day, in a road worthy condition. If your child can ride a bike but does not own one, please don't worry, we have a fleet of pool bikes available, just let us know on the slip below. **It is essential that the consent form (on reverse) is also completed and returned to the school office.**

This is a fabulous opportunity and great timing as children who have trained to this standard may be able to represent Team Grazebrook in Hackney's brilliant **Bike around the Borough** event later in the Summer Term. **Please complete and return by 9am, Thursday 12<sup>th</sup> September.** If interest exceeds the 24 places available, children will be placed on our waiting and given priority for our Bikeability Cycle Training in January 2020.

Warm wishes,

**Bev Dickinson**  
 Extended Schools & Community Leader

**Year 5 Autumn 2019 Cycle Training**

I would like my child \_\_\_\_\_ in class \_\_\_\_\_ to take part in cycle training.

<b>My child owns their own bike.</b>	Yes	No
<b>My child is a complete beginner and cannot ride a bike.</b>	Yes	No

Signed \_\_\_\_\_ parent / carer Contact No \_\_\_\_\_