



**Grazebrook Primary School**  
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*Executive Headteacher: Mrs Michelle Thomas*  
*Headteacher: Ms Jess Hutchison*

Tuesday 5<sup>th</sup> June 2018

Dear Parents and Carers,

### **SRE – Parent/Carer Sessions**

At Grazebrook we teach the PSHE curriculum using Jigsaw PSHE: a comprehensive scheme of work used from EYFS through to Year 6. This term, each class will be studying the Jigsaw Puzzle: Changing Me.

This Puzzle is a graduated, age-appropriate programme of SRE (Sex and Relationship Education) which ensures that all children develop confidence in talking, listening and thinking about feelings and relationships; are able to name parts of the body and describe how their bodies work; can protect themselves and ask for help and support; are prepared for puberty.

The SRE content from EYFS to Year 6 is developmental:

- |                   |  |
|-------------------|--|
| <b>Foundation</b> | Growing up: how we have changed since we were babies;                                  |
| <b>Year 1</b>     | Boys' and girls' bodies; body parts;   |
| <b>Year 2</b>     | Boys' and girls' bodies; body parts and respecting privacy;                            |
| <b>Year 3</b>     | How babies grow and how boys' and girls' bodies change as they grow older;             |
| <b>Year 4</b>     | Internal and external reproductive body parts, body changes in girls and menstruation; |
| <b>Year 5</b>     | Puberty for boys and girls, and conception;  |
| <b>Year 6</b>     | Puberty for boys and girls and understanding conception to birth of a baby.            |

Class teachers will be holding drop-in sessions for parents and carers in their classrooms, from 3:45pm on Thursday 14<sup>th</sup> June. The aim of these sessions is to provide the context, principles and practice for teaching high quality Sex and Relationships Education and for you to become familiar with the Jigsaw 'Changing Me' Puzzle, the materials and approach.

We hope that the sessions will be useful and informative and we look forward to seeing you there.

Kind regards

Yours faithfully

**Jess Hutchison**  
Headteacher