



KIT LIST



Suggested clothing, plus a few other useful items.

By its very nature, the activities on this course involves a lot of time spent working outdoors. It is a good idea to be prepared for whatever the British weather might throw at us. The staff at the centre will take care of all safety aspects such as first aid kits etc., but here is a list of a few things which you should bring with you:

Clothing

Waterproof jacket
Waterproof trousers (if you have them)
At least 3 pairs of warm trousers/joggers
At least 3 sweatshirts/jumpers
T-shirts
Warm socks, including over ankle length
Sturdy shoes/boots/wellies
Trainers x2
Hat
Gloves
Underwear x10

Other Items

Towel x2
Wash bag
Toiletries
Pyjamas
Disco outfit

Other useful items

Pen
Book
Pack of playing cards
Large plastic bags for dirty and/or wet clothes
Torch

Other Important Items

Any prescribed medication which needs to be taken during the trip

PLEASE remember your child has to be able to carry their suitcase.

NO ELECTRONIC GAMES, I PODS OR MOBILES etc

