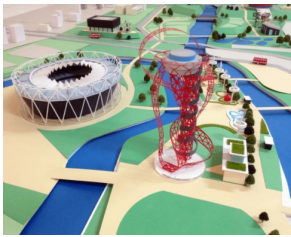


# HOME LEARNING MAKER MAT

**Please return your completed activities by Monday 5th  
February**

**Design and  
make a mini  
Olympic park.**



**Write your top  
ten tips to  
staying  
healthy.**



**Design your  
own healthy  
balanced meal.**

**Can you  
ask an adult to  
help you make**

**Write about a  
time when you  
were ill. How  
did you feel?  
What did it  
stop you from  
doing?**



**Year 1**

**Make a tally  
chart of all the  
fruit and vege-  
tables that  
your family eat  
in a week.**

**Write an  
acrostic poem  
using your fa-  
vourite fruit  
or vegetable.**

**Be creative and  
make a picture  
using healthy  
foods. Take a  
picture of it to  
bring to class.**

**Can you eat  
five fruit or  
vegetables a  
day? Draw or  
write them  
down.**